# A Note From the Master Chef!

I cannot believe that here we are nearing the end of our first tri! We have had a great first trimester here and I am so looking forward to convention next month. Hopefully some of you are able to make it! This one is going to be held close by so please consider making it even if it is just all

day Saturday. This is a

great opportunity to zation on the state level. For newer members this is a with the kids or grandkids great opportunity to whip up some fun memories of a some personal growth with Women of Today. I will say with having attended my first one at year end convention that it was an eye opening experience and an opportunity to meet new people.

I would also like to welcome Kelsey Holker as a new member! Kelsey is our Monticello Miss Congeniality winner and will be off for her first year at college. We wish you luck as you

·We have had a great first trimester....'

start this new chapter in your life and look forward to seeing you at some fun future events.

I hope that everylearn more about the organi- one enjoys these last couple weeks of summer vacation and that all of you have whipped up some great sumgirls weekend and squeeze in mer memories. Good luck to all the young ones heading off to school and to our young members heading back to college.

Live. Laugh. Bake.

Pres. Illeana



# Women of Today week is September 21 - 27, 2014. By Kay S & Mercedes T

You can get your name in for a sweet treat...just send Kay or Mercedes a text/email with your idea for something fun that we can do to celebrate on different days this week!

We also want to know if any LPM's have an activity scheduled that week, so we don't double up on your time. (That would mean we are "walking" on Monday evening.) Send us your ideas!



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* A Note From the
Master Chef

\* WT Week

*	Stat	e D	ele	gate

#### ~ Upcoming Events

- ~ State Delegate Incentive
- \* Editor's Note

Treasurer's Re	port

#### \* CPR/First Aid M-event

#### \* Sweet Treats

### \* May Minutes

#### \* May Minutes Con't

#### \* May Minutes Con't

#### \* May Minutes Con't

#### \* Relay for Life

*	Vision & School	
P	resentation	

#### \* Sweet Treats Cont.

#### \* Self Defense Class

#### \* WW Walk

#### \* The View

#### \* IJ Hope Run

# \* IJ Pizza Ranch Fund-

#### \* Coins for a Cause Supporters

#### \* Member Tidbits

#### \* August Calendar 12

#### \* Bylaw Challenge



# **With State Delegate Lauren**

# **Upcoming Events:**

Wed. 8/20/14, 7-8:30 - STMA WT Mother Daughter Tea and Fashion Show at St. Michael City Hall Cost \$5.00

\*\*Thurs. 8/21/14, 6-8:30\*\* - \*District Meeting\* in Foley

Carpool: 5:30 MCC rear parking lot. Cost \$5.00 for dinner.

**8/21/14 -** District T-shirt orders due. Contact Lauren to order.

**8/25/14 -** Extension Encouragement Day - We send cards to 4 chapters.

8/30/14 - Flyer's Food Stand

**9/4/14 - General Meeting -** We will be voting on the next 3 year Priority Project: Breaking Free or Shriner's Hospital.

**8/20/14, 7-8:30 -** STMA WT Mothea and Eashion Show **9/5/14** - Impromptu registration for Fall State
Convention due to Living and Learning SPM.

9/9/14 - MNWT Foundation

**TBD - September -** Possibly rescheduling a visitation to the Elk River Chapter general meeting on 9/11/14.

\*\*Sept. 19 - 21, 2014\*\* - \*Fall Convention\* at the Crowne Plaza in Plymouth. Advance Registration \$84.00 by September 1. Attend for an evening, a day, or the whole weekend, whatever fits your schedule!

**9/21 - 9/27/14 -** Women of Today Week

**TBD -** Road Show - An entertaining event designed to inform members about WT.

# State Delegate Incentive!!

Each Trimester there will be a drawing for a prize. All members who attend visitations to other chapters, or any district and state events will be entered. The more events you attend, the more times you are entered in the drawing! The drawing for First Trimester will be held at the general meeting on September 4<sup>th</sup>. Attending events outside our chapter is a rewarding experience and contributes to our service, growth and fellowship!

Editor's Note By Pam P

Thank you to Ille, Glorie, Lauren, Nancy, Rose, Lana, Mercy, Linda, Michelle, Trista, Kay, Rylee, Sarah S & Arlis, for contributing to the July Gourmet Gazette!!! Please keep all of the submissions coming. You are welcome to submit recipes, poems, etc. Be creative! And remember, everyone loves to read a 'Sweet Treat' from their friends!



# Treasurer's Report By Glorie B

# Monticello Women of Today Meeting Aug. 2014

7-31-2014 Balance: Checking—808.59 Savings—348.36

Dues may be paid in installments with the full payment due by the member's anniversary date.

The treasurer is not able to reimburse over the budget written in the approved 2014-2015 budget.

Please keep track of donations that are "things" rather than money. For example if you donate something you have around the house already. Fill out a check request form. You will not receive money back. It is to keep track of our total donations.

Please turn in coupons during the same Monticello Women of Today year that you earned them. The year is from June 1 through May 31. So if you earned any coupons since May 31, 2014 you have to turn them in before May 31, 2015. You may turn them in anytime. Treasurer with write you a check. You must have completed all requirements before reimbursement.

Section 9. Any member requesting reimbursement for expenses incurred must complete a Check Requisition Form, which shall be submitted to the Treasurer within 90 days of an expense. This does not include chapter coupons which must be turned in by Annual Convention of that year.

Treasurer had to purchase a multiple USB Hub for the lap top due to one of the two on the lap top being broken. The cost was \$10.69.





# **CPR and First Aid Class M-Event**

Class consists of adult, child and infant CPR instruction in AED (Automated External Defibrillator) plus Heimlich maneuver and basic first aid. Upon completion of the course students will receive a card certifying them for 2 years in Heart Saver First Aid. Cost is \$6.00 per person/card. Instructor: Judi Volkers

Wednesday August 20th, 6:30 – 9:00 pm Location TBD Pam P, Trina, Kay, & Sara W-Thank you for completing your Fast Start.—IVP Sarah S

Sweet Treats

- Rosemary—Thank you for making a donation  $\diamond$ to True Friends.—Sarah S
- Michelle—Thanks for coordinating the bake exchange. The treats are going to be yummy. -Sarah S
- Rose—Awesome idea to have 'Make a Difference Day" be random acts of kindness!— Lauren
- Arlis—Thanks again for all your help.—Glorie
- Trista—Good luck to you as you start your sophomore year in college!—Mom
- Brenda & Monticello Royalty-Thanks for attending our meeting.—Michelle & Trista
- Dawn—It was fun to glow in the dark at your party.—Rose
- Ille-Thank you for the AWE-SOME apron! I love it!!!!! -Dawn
- Debby-It was fun to hang out! Dawn
- Jennifer-Thank you for always helping out with the room at Kjellberg's! As if your days are not busy enough. :) - Dawn
- Lana-It was so great to see you at the meeting! I hope you can kick up your heels soon.— Dawn
- Barb-How big are your cucumbers NOW????;) Love ya girl, never a dull moment. :D-Dawn
- Melanie-So glad you made it to the Vision Presentation.—Dawn
- Rylee—I hope you have another great year at VCC. Love you! ~ Mom
- Jennifer—I need to make time to walk with you again. I really enjoyed that last time we

- met up. Keep me in mind when you have the time to go for a walk again! - Pam P
- Barb—I don't know anyone that can grow cukes like you! OMGosh! - Pam P
- Krisie—I hope you had an excellent vacation in Norway! - Pam P
- Karla—I can't believe how Rose is growing. I hope she has a great year in Kindergarten! -Pam P
- Kelsey—Welcome to the chapter! I'm so glad that you decided to join us. Good luck up in Bemidji this fall.—Pam P
- Trista—I hope you find that SCSU is a good fit for you! Enjoy the year.—Pam P
  - Ille—Wow—One trimester down. How are you feeling about it? You are really 'baking away'! - Pam P
  - Barb M—I really need to get over there to visit again soon. Hope you are doing well.—Pam P
- Cathy M—OMGoodness—you have a senior this year don't you? Is Kyle excited for the vear? - Pam P
- Melanie—It was good to see you at the Vision Presentation. Glad to see you are doing better.-Pam P
- Brenda—It was SO nice to see you at the Aug. meeting. I hope you are able to find the time to attend something else real soon.—Pam P
- Mackenzie, Bailey & Vicki—It was really nice to have you join us at our August meeting. I hope that you'll feel comfortable to come back anytime.-Pam P
- Sara W—You are so sweet. Just sayin'... Pam
- Sweet Treats continued on page 9









Sweet Treats



#### MONTICELLO WOMEN OF TODAY GENERAL MEMBERSHIP MEETING Thursday August 7, 2014

**Members Present**: Sarah S, Illeana, Mercy, Glorie B, Pam B, Linda B, Nancy F, Lana G, Rose G, Lauren H, Trina H, Dawn H, Bonita K, Trista K, Michelle KJ, Debby M, Pam P, Annette S, Kay S, Sharon S, Brenda S, Arlis T, Sara W, Barb B, Jennifer, Maribel, Cathy S.

Meeting called to order:7:01pm by Pres Illeana

Invocation: Lauren
Benediction: Nancy
Pledge: Sharon
MNWT Creed: Sara W

Orders of the Day/Quorum. Pam. 22/38 members a forum was established

On Time Drawing: Linda Icebreaker: Trina: Best advice you have received and why?

Guest(s): Monticello Royalty, Kelsey Holker, Ms. Congeniality, Noel Ness from Rice, Julie Marchand, DD

#### **SECRETARY: Mercedes Turner "Just in Thyme"**

Motion Slips & Report Forms are available. Minutes from July 3, 2014 are approved based on the following corrections: Kay S was at the meeting and made a motion that was passed.

#### TREASURER: Arlis/Glorie B "Half Baked"

\* Checking Balance; \$808.59 Savings Balance; \$ 1348.36 \* Treasurer has check requisition forms and receipt forms available if needed. \* Dues may be paid in installments with the full payment due by the member's anniversary date. \* The treasure is not able to reimburse over the budget written in the approved 2014-2015 budget. \* Please keep track of donations that are "things" rather than money. Fill out a check request form, you will not be receiving money back. It is to keep track of our total donations. \* Please turn in coupons during the same MWOT year that you earned them. The year is from June 1 through May 31. If you earned any coupons since May 31, 2014 you have to turn them in before May 31, 2015. You may turn them in anytime. Treasurer will write you a check. You must have completed all requirements before reimbursement. \* Reference was made to Section 9 of the Bylaws. \* Treasurer had to purchase a multiple USB Hub for the lap top due to the one of the two on the laptop being broken. The cost was \$10.69.

Financial Audit: 7/20/14 Sara S, Nancy F and Glorie completed the financial audit.

We received a Certificate of Appreciation from the Chamber of Commerce and our Certificate for Women of Today. Please see Newsletter for full Final Audit Report.

#### **PAST PRESIDENT: Pam P-**

\* The Bylaw Review. The Bylaw Review was held on 7/23/14. Members in attendance were Ille, Cat and Pam P. Pam P read the changes to the members in attendance. Please see newsletter for complete report.

\* Plan of Action Challenge: Pam P – reminder to all members\_to bring their POA to each meeting for a stamp. \* Newsletter Bylaw Challenge Pam P – Lauren and Kay answered the by-law challenge

# PRESIDENT: Illeana . "Live Laugh Bake"

\* Member of the Month: July: Dawn August: Cathy \* Board Member of the Month: July: Lauren August: Mercedes \* The next Board Meeting will be on 8//19/14 at Pam P house at 6:30pm \* The next General Meeting is currently scheduled to be held on September 4rd at 7pm at Super 8.

#### STATE DELEGATE: Lauren Henderson "Shake N' Bake" (email)

\* FR - Flyer's Food Stand - 5/24 - Pam B - On Saturday, May 24, we held our first Flyer's Concession Stand for the year at the Grassfield RC Club in Brooklyn Park. Those volunteering were Arlis Theilke, Pam Peterson, Rylee Peterson, Cat Shuman, Cassie Carlson and Pam Broekemeier. We arrived around 10am and set up. At about 11am we started grilling and were ready for lunch. The weather was perfect, and the first nice weekend of the summer. We all had a nice time watching the airplanes fly in between serving, chatting with the guys and socializing amongst ourselves. We made \$228 plus \$31 in tips, equaling \$259. Minus expenses of \$142.33, the total income was \$116.67. I would like to thank John Carlson for donating the buns and all those who volunteered. \* FR - Flyer's Food Stand - 7/12/14 Lauren Henderson - Flyer's Food Stand was held on July 24 at Grassfield RC Club in Brooklyn Park. Cathy Shuman and Lauren Henderson (chairperson) attended as well as Cassie Carlson and Anne Henderson. The cost of food and beverages was \$99.06 and sales totaled \$88.50 (including tips of \$2.00) for a net loss of \$10.56. A special thank you to John Carlson for donating buns for this event. He is willing to donate buns for the next event too. Cathy Shuman and Lauren Henderson received a \$5.00 coupon for participation in this event. See Newsletter for complete final report. \* Flyer's Food Stand - 8/30/14 Pam - Please let Pam know

if you are interested. \* District Social - 7/19/14 Lauren Henderson - The District Camp Out was cancelled as there were not enough people attending. \* FR - District Board Meeting - 7/21/14 Ille Miller - FR - Was held on 7/21/14 at the Brickyard in Clearwater at 6:45pm. Members is attendance were Ille, Pam P, Sarah S and Annette. The meeting was about the 1st D5 Board Meeting and Bylaw & Policy review. \* Elk River Visitation - 8/14/14 Lauren Henderson - This visitation due to the passing of the Secretary for the Elk River chapter, Wanda Smith We will reschedule a visit to that chapter in the next few months. A sympathy card is on the table and members are invited to sign it. \* STMA WT Mother Daughter Tea and Fashion Show -8/20/14 Lauren H. - We have been invited to attend and the invitation and signup sheet are on a clipboard. It will be held at the St. Michael City Hall from 7-8:30 and the cost is \$5. Premier Designs Jewelry will be modeled and this is an Isaac's Journey fundraiser. \* <u>District Meeting - 8/21/14</u> Lauren Henderson - The District Meeting will be held in Foley on Thursday, 8/21. Registration and the Mini Project Fair are from 6 to 6:45. President and State Delegate round tables are from 6:30-6:45. A ghoulish dinner will be served from 6:30-7, and the meeting will begin at 7. Cost is \$5 for the meal. Lucky Buck baskets will be auctioned so bring your \$. A signup sheet is here tonight. Carpooling will be arranged for those who plan to attend. \* **District** Tshirts - 8/21/14 Tshirts with the district theme of Happy Campers can be ordered tonight, or at the District Meeting on 8/21. The deadline for ordering is 8/21. They only come in the rusty-orange color. Pricing is from \$7.10 - \$9.60 depending on size. There will also be shipping and handling charge between \$3-\$5 which will be determined after all orders are in. Please add your name to the signup sheet if you would like to order. ' Fall Convention - 9/19-9/21 Lauren Henderson - Fall Convention will be held at the Crowne Plaza in Plymouth. STMA is hosting this event with the theme Kickin' it Country. Advance registration is \$84 and must be postmarked by 9/1. After that registration jumps to \$99. Flyers and the signup sheet will be passed around. 3 Year Priority Project At Fall Convention we will be voting on the next 3 year priority project. Rose will be presenting information about Breaking Free this evening, and Sara W. will be providing information about Shriners Hospitals. Our chapter will vote (like we did for State President) at the September general meeting. Thank you Rose and Sara W for taking time to research these organizations for us. \* Chapter Mailings for June and July are on the back table if you are interested in reading them here tonight. \* Pay it Forward - | was so inspired by Pam B's involvement in a pay it forward random act of kindness and Rose's suggestion that we hold a Pay it Forward Day that I wrote an article about it for the District Newsletter. A copy of the article is on the back table if you are interested in reading it.

<u>Guest Speaker</u> - Julie Marchand – DD – Campfire chat – We did a visual activity relating member activity and the chapter and state growth to logs on a campfire.

Service Hours book: Reminder to add your time to the service hour's book.

#### **MEMBERSHIP**:

\* Craft Day 8/16 – Ille & Debby – To be held at MCC Academy Room. The room will be open from 8am to 9pm for crafting. The event is potluck and members will be able to start working on the craft show items for sale. Any members with extra spray cans should contact Linda B/Dawn/Sara W with supplies. The project is a Joy Jar. Other projects members can work on: votive candles and card making. \* Mystery Tour 10/17-10/19– Barb/Cat S – Brochures and a sign-up sheet were passed around. \* 8/20 M-Event 1st Aid/CPR – 6:30 – 9pm A signup sheet is available at the meeting. Cost is \$6 p/person. Will be held at Kjellberg's on 2nd floor. Anyone is welcome to attend. \* Caribou – 8/9- 10:00am by Target in MonticelloCaribou FR – 7/12-9:00am. Members in attendance: \* M-Week 7/6-12 \* Deck Social – FR – Linda B – Deck Social was held on 8/1 at 6:30pm at "The Cottage" the home of Jennifer KL's in-laws. Members in attendance were: Linda,. Jennifer, Pam P, Kimberly, Debby, Kay, Annette, Arlis, Ille, Sarah S and Cathy S, \* Challenge for Change the World – Reminder from last month's meeting and minutes to continue to invite a perspective member to an upcoming event. See minutes from last month for challenge weeks. \* MWOT Member Birthdays: 1st Tri Birthdays will be celebrated at the break for May – August birthdays.

**1st Trimester Renewals:** Barb Berndtson, <u>Pam Broekemeir</u>, <u>Maribel Cruz-Longley</u>, <u>Lauren Henderson</u>, <u>Kay Schroden</u>, <u>Sara Wiitala, Linda Buchmann</u>, Melanie Aucapina, Bonita Klein

# NEW BUSINESS: MOTIONS:

\* Pam/Arlis ( M/S/P): I move that the Monticello chapter accept the proposed 2014-2015 policies as presented with a budget of \$0 \* Lauren/Pam P (M/S/P): I move that the Monticello chapter participate in Extension Encouragement Day and to donate and purchase stamps with a budget of \$30.00 from Budget Line 14. — Discussion was held regarding cost of stamps. \* Rose/Sarah S (M/S/P): I move that the Monticello chapter donate funds and small value items for Make a Difference — pay it forward day to be held in Sept with

a budget of \$30 – Discussion was had to hold this event is to be used for the Chapter's Make a Difference Day. \* **Timberdash Water Station**, **10/4**: Members needed for water station and a chair is needed. Trina will chair. \* **Timber dash 5k Team**: Contact Sarah S if you want to register for the 5K run **OLD BUSINESS**:

# EXTERNAL PROGRAMMING: Debby Manthei "Nothing' Says Lovin' Like Somethin' from the Oven Community Connections: Sara S "Dash of Fun"

Adopt A Highway 7/18 FR - Pam B. \* Riverfest Dance Concessions 7/12 FR - Michelle & Trista - Was held on 7/12/14 from 5pm to 12am at the MCC parking lot. Members who attended throughout were: Cat, Trista, Michelle, Maribel, Trina, Sharon, Debby, Linda. Rose, Ille, Nancy, Dawn, Lauren, Kimberly, Annette. Family and friend: Ed Shuman, Joel Manthei, Mike Jones, Kayla & Victor Kleinsteuber, Mark Gilberts, Cassi Carlson, Jen Fox, Mike Longley, Mike and Lynzie Hendricks. Chris Abrahamson, Mike Flesch and Julie Marchand. The event included 99 service hours. \* Relay for Life 7/18-7/19 FR - Pam P. Relay for Life was held July 18-19th at the Monticello Middle School track. Helping or walking included: Ille with Robb & Lilly Jo, Pam P with Mark, Jacob and his girlfriend Emily, Lauren, Nancy, Mercy, Sarah S, Bonita, Kay, Dawn with Mike, Rylee, & Miss Congeniality Kelsey Holker and her mom Connie. Individual donations totaled \$584. Lauren's mosaic stoneware donations to the silent auction brought in \$80 and profits from the Caramel Puff Corn & glow necklace sales were \$123 for a total contribution of \$787. \* True Friends/Salvation Army Donations – Sarah S. \* Riverfest Parade Float 7/13 FR – Illeana, Dawn & Sarah S - 7/13/14 - Illeana, Dawn, Sarah S, Linda and Debby with guests: Zoe Hendricks, Myranda Turner, Robb Miller and Lilleana Miller. Members and guests met at 11am and walked the parade route handing out beads, candy and MWOT information. \* Riverfest Ambassador 7/13 FR - Trina & Cat - Water was distributed on 7/13 at the River fest Parade. The following members and family attended: Meaghan and Ricky (Trina's daughter and brother), Erik Sundine (Sarah S, husband), Sarah S, and two community members, Sidney Luoma and Jacky Kelley. 900 bottles of water were handed out to parade participants. This counts towards 23 1/2 hours of Riverfest donation hours. \* Riverfest Duck Adoptions FR - Cat- Members who assisted in duck adoptions at Hi-Way Liquors were: Cat (10 hrs), Lauren (1hr), Linda (2 hrs), Kay (3 hrs), Arlis (2 hrs), and Maribel (2 hrs). This counted as 23 donation hours for our chapter. \* Fall Craft Show Booths – Pam B. & Annette – No Report \* Vision Class – Dawn H - To be held at Kjellbergs on 8/13/14 at 7pm for approximately 1 hr. This qualifies as continuing education.

#### Women's Wellness-

\* Wellness Walk – Glorie – Join Glorie and Nancy at the MMS at 6:30pm for a walk. Glorie and Nancy walk almost every Monday. There was no walk held the week after July 4th. Members met at MCC on 7/21 due to weather. \* Food Shelf Bags – Trista – Thanks to Debbie for donating Women's toiletries. \* Dues Scholarship Committee – Pam P/Ille – The committee has been added to the policies that will be approved in September. We hope to have it ready to be implemented by 3<sup>rd</sup> trimester \* Women's Self Defense 8/12 – Glorie – Please RSVP to Glorie. Class will run from 5 to 7pm. Brent Belfanz will be teaching.

#### Youth of Today - Rose

\* Red Carpet Gala 7/8 FR- – Kay & Cat – MWOT served as hostesses and Judging Reception on 7/8/14 at the MCC. Members present Cat, Kay, Dawn and Michelle KJ. For full FR please see newsletter. \* Kids Week – Trina – Last week of August. An email will go out to the group with the final details. The ideas include: Day out with kids, game night, chores together etc.

### Isaac's Journey - Arlis "Baking up Love"-

- \* Arlis (FR) July 19th Annette and I worked the Hope Run for Isaac's Journey at the park in West Union, MN. We were at Stop #3 which was the Cancer Facts stop. We handed out cheese and crackers and lemonade to the walkers and bikers. Beth Zeroth and her son from the Foley chapter also helped us out at Stop 3.
- \* <u>Tip Night Fundraiser at Pizza Ranch</u> Tip Night Fundraiser at Pizza Ranch will be held Wednesday September 10th. There is a signup sheet in the back for volunteers. Volunteers will be busing tables and need to show up 15 minutes before Pizza Ranch opens. Please wear your Monticello Women of Today shirts and name tags.

# Internal Programming – Sarah S "You Bake me Happy" - Fast starts acknowledgements given to Pam P and Trina.

#### Living & Learning -

\* The view –Nancy – Fried Green Tomatoes still needs to be discussed. A meeting date will be sent to the group. \* Certification Trina – Aug 12 – 7pm at Caribou by Target \* Webinar: Cat S – No FR -

\* **Funshine – Michelle –** "A Recipe for Fun" – Please remember to being baked goods to each meeting for the recipe exchange.

#### Newsletter: Pam P - Gourmet Gazette -

\* **Due date** for next newsletter is **Friday August 15** th. \* **Thank you** to contributors: Ille, Glorie, Lauren, Nancy, Rose, Lana, Mercy, Linda, Michelle, Trista, Kay, Rylee, Sarah S, Arlis. - Please remember to send Sweet Treats to each other – I have note sheets with so that you can write them out tonight if you wish.

# Records and Recognition - Cat S "Recipe Box" -No FR

\* Shed Clean Up - No Report.

#### Public Relations - Kay - "Rise and Shine" -

\* Women of Today Week Sept 21-27 – Kay S/Mercy - Kay - - Kay has emailed Cathy Shuman to request we are on City Council's agenda for a Mayor's Proclamation of Women of Today Week and a photo opportunity. Please attend the city council meeting is Monday September 8, for the WT Proclamation. The meeting starts at 7pm. Kay would like to get a picture before the meeting begins. Please wear a Women of Today shirt and your name tag. Kay and Mercedes will plan another activity also. \* At the last board meeting, we took a picture of all of last year's pin and medallion recipients for the newspaper. \* Website: Tammy/Cat – No report \* Chapter Shirts – Ille – Order forms were passed around at the meeting. Ille will order tomorrow at AST sports and shirts will be here in a few weeks. \* Day at the Diamond 9/7 - Ticket deadline has passed. If interested in attending please look online on the WOT site and see if there are still tickets available.

#### Ways & Means - Sara W

Coins for a Cause – Nancy/Mercedes - \$69.24 was deposited this month. The Website will be updated to reflect current sponsors. Cards are updated. \* State Pasta – Sara W – the form was passed around \* Lucky Buck – Illeana

#### **CLOSING**

Helping Hands: Good & Welfare:

Thank you to our Hostesses: Arlis, Dawn & Pam P.

Thank you to our Greeter: Mercy

September Hosts: Lauren, Nancy, Glorie

Benediction: Nancy

Us Women of Today Creed: Sharon

Adjourn at 9:36pm

# **Relay for Life**By Pam P

Relay for Life was held July 18-19<sup>th</sup> at the Monticello Middle School track.

Our team consisted of: Captain Pam P, Nancy, Lauren, Sarah S, Mercy, & Cat. Others that Helped or walked the night of included: Ille with Robb & Lilly Jo, Petersons: Mark, Jacob and his girlfriend Emily, Rylee, Bonita, Kay, Dawn with Mike, & guests Miss Congeniality Kelsey Holker and Connie Holker. Individual donations totaled \$584. Lauren's mosaic stoneware donations to the silent auction brought in \$80 and profits from the Caramel Puff Corn & glow necklace sales were \$123 for a total contribution of \$787.

It was a beautiful evening. Our stand was decorated with aprons, that other attendees wanted to buy. Our Caramel Puff Corn was a hit and we sold out. And it was fun to walk and talk with all of our friends. We finished off our evening with the Super Hero laps in which Pam dressed up as "The Lone Baker" and Jacob was Captain America. Other walkers also donned aprons and miscellaneous super hero t-shirts. It was fun to end the night with our group showing the most spirit at that time. Yeah *Cooking for a Cure!* 





# **Vision and School Presentation Final Report** By Dawn H



On Wednesday August 13th the chapter hosted a Vision and School presentation by Dr. Mary Gregory. This was held at Kjellberg's Business Center, on the upper level. We learned how eyes work and what symptoms to look for that COULD be a vision issue. Dr. Gregory did a great job!

Those in attendance were Trina Hedquist, Melanie Aucapina, Pam Peterson, Kay Schroden and Dawn Hendricks.

### Sweet Treats



#### Sweet Treats



### Sweet Treats



#### Sweet Treats



#### Sweet Treats

- Sweet Treats continued from page 4
- Ille-love the aprons. They are adorable. Great job leading us as President for 1st Trimester. Debby
- Linda & Jen-the social was lovely. What a relaxing view. Debby
- Pam P-great job on the Gourmet Gazette. Totally delish! Debby
- Friends: It was so fun to see everyone at the August meeting! Thank you for inviting the 2014 -15 Monticello Royalty and the 2014-15 Miss
  - Congeniality (and me!!) to attend! The airls were very impressed listening to how much you do for the community as well as all the fun and educational events you have for yourselves! They said, "They do so much MORE than people realize!!" Even though I am not as active a member as I used to
  - be, I am very proud to be part of the Monticello Women of Today!
- Ladies: Thank you for inviting the 2014-15 Monticello Royalty to your August meeting! It was very inspiring to see all the leadership the women of Monticello have in this community and it is very much appreciated as well! Thank you for all you do for our wonderful community of Monticello!! 2014-15 Miss Monticello-Mackenzie Hedge
- Ille You are doing a great job as pres. I love the theme and the thoughtful gifts:) - Mercy

- Sarah S Thanks for the morning company -- I am enjoying the start to the day:) - Mercy
- Pam P Awesome job with the newsletter and for helping me with my meeting minute misses:) - Mercy
- Linda/Michelle The membership events are areat -- I am excited for each one and bummed that I can't make them all.—Mercy
- Rose Great job on the presentation at the meeting last month.—Mercy
  - Kimberly A a late hello and thank you -- you made my day when you cheered me on as I was running past your house.- Mercy
  - ♦ Cat S It was great to work with you at the Primary Election! Thanks for giving me the chance to work and learn about this great civic action.— Pam B
- Lauren H. Thanks for chairing the last Flyer's Concession! Sorry about the rain.—Pam B
- Cat S Thanks for helping out with the Flyer's Concession stand again! - Pam B
- Annette S Thanks to your parents for letting Nadine and Caitlyn spend a few hours in their backyard getting grad pictures taken! They have some good ones - I'll have to show you sometime.—Pam B











# **Women's Self Defense Class**

By Glorie B

Tuesday August 12, 2014 Please come to Glorie's house at 5pm to 7pm.

Wear loose comfortable clothing and bring water.

Brent Balfanz will be giving us tips on how to stay safer and more aware and a few "tricks" to use if needed.

By Glorie B

wants to join us.

Hoglund Body & Equipment, Inc.

**Women's Wellness Walks** 

Nancy Flesch and I still walk almost

every Monday night. The week after July 4 no one

walked. July 21, 2014 we met at Community Center due

to the weather. We will still continue to walk if anyone

- Inrange
- Omni Vision & Learning Center
- Schlenner Wenner & Co.
- State Farm—Dan Olson
- West Metro Buick-GMC

Wright Hennepin Cooperative Electric Assoc.

Please consider utilizing services offered at these businesses.

# The View by Nancy F

It was decided at the last monthly meeting that The View will not meet again in August. The next time we will get together is Thursday, Sept. 18th, 7 pm at Nancy's house: 9401 Red Rock Ln. We will discuss the book 'Fried Green Tomatoes at the Whistle Stop Café'. So it's not too late! Read the book, come to our discussion in September, and watch the movie in October. Hope you'll join us!

> "Face it, girls. I'm older and I have more insurance."

- Evelyn Couch (Kathy Bates) after repeatedly slamming into their car for stealing her parking spot and being rude.

# **HOPE RUN**

July 19th Annette and I worked the Hope Run for Isaac's Journey at the park in West Union, MN. We were at Stop #3 which was the Cancer

Facts stop. We handed out

cheese and crackers and lemonade to the walkers and bikers. Beth Zeroth and her son from the Foley chapter also helped us out at Stop 3.

#### PIZZA RANCH FUNDRAISER

saac's lour "where H PE begins By Arlis T—'Baking up Love'

Tip Night Fundraiser at Pizza Ranch will be held Wednesday September 10<sup>th</sup>. Volunteers will be busing tables and need to show

up 15 minutes before Pizza Ranch opens. Please wear your Monticello Women of Today shirts and name tags.

The Monticello Women of Today would like to thank the following businesses for supporting our Coins for a Cause Fundraiser:



# Member Tidbits



#### Lauren Henderson

Lauren Anne Henderson joined the Monticello Women of Today three years ago. Lauren is our current State Delegate and she is doing a fabulous job of keeping us informed on all the levels of WT and encouraging us to travel outside of our chapter. Her joining story: "A persistent and very dear friend, Pam P., graciously invited me to quite a few really fun WT events over a period of years. I reached a point in my life when I realized I needed to do something for myself that would fill some need that I couldn't name or describe. At the time I joined, I had no idea that WT would bring so much satisfaction to my life. Service to others makes my cup overflow. Growth is making me a better person. And the fellowship with so many wonderful women warms my heart."

Lauren and her husband Dave will be celebrating their 25<sup>th</sup> Wedding Anniversary on June 2, 2015! What an accomplishment. Dave has been a mechanic for Excel Energy for over 12 years, working on all their huge equipment. Together, Lauren and Dave have two children. Ross will be 20 on August 25<sup>th</sup>. He is living at home, working at a construction job, and applying to the Iron Workers training program. Anne is 16, doing the behind the wheel drivers' training so she can get her license, and will be a junior this fall.

Their newest family member is Bosco, a 6 month old, 52# puppy they adopted through a rescue shelter. Lauren & Bosco graduated from puppy kindergarten and basic obedience and plan to pursue intermediate obedience and agility training. Josie is the 8 year old cat they took in as a stray when she was very little. D.W. is the 6 year old cat that used to belong to Lauren's nephew and they adopted her when he was stationed in Afghanistan. The first thing they did was change her name from Dishwasher to D.W. Most people might not think of them as pets, but they also have 4 chickens: Nugget, Claudia, Meg and Dixie. They are quite sociable and supply the Hendersons with eggs.

Besides Women of Today, Lauren is a Substitute Teacher, primarily at the elementary schools in Monticello. She has been in high demand at the elementary schools for the past 5 or so years. Making mosaic planters and stepping stones; reading; Sudoku; learning about politics; and raising & training Bosco keeps Lauren busy when she can find some free time.

#### Sara Wiitala

Sara Wiitala has been a member of the Monticello Women of Today for just over a year. She is currently holding the position of Ways and Means Local Program Manager. She first heard about Women of Today from Sarah Sundine, her coworker. Sara says that after she heard what Women of Today was all about 'the rest was history'.

Sara and her husband Erik will be celebrating their 3<sup>rd</sup> Wedding Anniversary on September 16<sup>th</sup>!!! Sometime you should ask her how she and Erik met; it's a cute story. Erik is a Landscape Specialist at Three Rivers Park District. Although they have no children yet, they hope to have some in the near future.

Sara has been working at UMC for the past six years. As a Finishing Operator she gets to run a robot. Sara is creative and enjoys sewing and crafts in general. She is also active and likes to go biking, hiking and running. And something you might not know about Sara is that she can catch flies with her bare hands! I have seen her do it – and it is like she is a 'fly whisperer'!

#### Bonita Klein

Bonita Klein joined the Monticello Women of Today exactly one year ago. Before that, she had enjoyed a few outings with the MWT with her sister Kay before actually becoming a member. Being retired, she was looking for an opportunity to meet and make some friends in our community that she would enjoy doing activities with.

Bonita has been married 45 years to her husband Frank! That is inspiring! Frank is a retired Heavy Equipment Operator. Bonita and Frank have one daughter; Valerie is married and lives in Gill, CO. They also have one granddaughter – Nikki is in the Army and is currently stationed in Honolulu.

Bonita is a Retired Respiratory Therapist, but is currently doing on call work in the Pulmonary Function Lab for Park Nicollett. For relaxation, Bonita enjoys reading, gardening and taking road trips. And for the winter, they head south to Rio Grand Valley in Texas. That sounds like a road trip for all of us!

# Monticello Women of Today

PO Box 1202 Monticello, Minnesota 55362



A non-profit, volunteer organization designed for women 18 years of age and older.



Meetings are the first Thursday of every month, 7:00 PM at the Monticello Super 8 Hotel located on 1114 Cedar Street. Meetings are open to the public.



# We're on the web!

Www.monticellowomenoftoday.org Check us out on Facebook and Twitter, too!!

Monticellowomenoftoday@gmail.com

Please mail to:

# Bylaw Challenge by Pam P

Under what Bylaw Article and Section would you find how much money the board of directors can authorize disbursement of? You will find a copy of the bylaws in your Plan of Action.

Please email, text or tell me your answer BEFORE the September General Meeting.

The first place you would find July's Answer was: Article V, Section 1. Thank you to Lauren \$ Kay for their answers.

Sun		Mon	Tue	Wed	Thur	Fri	Sat	
August			gust			6:30—Deck	2	
				2014		Social		
3		4	5	6	7	8 Rose	9	
					7:00—General			
		6:30 WW Walk			Meeting		9—Caribou	
10		11	5:30—Self Defense Class 7:00—	13	14	15	<b>16</b> Brenda	
		6:30 WW Walk	Certification Nite	Vision Screening			Craft Day	
17		18	19	<b>20</b>	21	22	23	
	Linda	Jennifer 6:30 WW Walk	6:30—Board Meeting	6:30—CPR M-Event	District Meeting in Foley			
24		25	26	27	<b>28</b> Debby	<b>29</b>	30	
		6:30 WW Walk					9—Flyer's Con- cessions	
31		1 Labor Day	2	3	4	5	6	
		6:30 WW Walk	6:00 Webinar		7:00—General Meeting			