

Monticello Women of Today

2022-23 PLAN OF ACTION

"KNOTS"
untie the



WE CAN

WE WILL

WE DID



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UNITED STATES WOMEN OF TODAY CREED

We, the United States Women of Today,
Are dedicated to our community and nation,
Are committed to strengthening our individual talents,
And stand united by our friendship and belief in the future.

uswomenoftoday.org



MINNESOTA WOMEN OF TODAY CREED

We, the Women of Today, are service, growth and fellowship.
We believe that through us great lessons can be learned, worthy deeds performed,
And a hand of fellowship extended to millions of women everywhere.
May we leave the world a better place because we lived and served within it.

mnwt.org
monticellowomenoftoday.org

Message from President Barb Boeck



To My Fellow Chapter Members:

Jim and I moved here from Woodbine, Iowa 5 years ago. He is a retired teacher, and I am a retired insurance agent. We have two married children and six grown grandchildren. Our son and his wife live about 6 miles from us and our daughter and husband live in Fort Collins, Co.

When we moved here, we knew no one. I was used to a busy social life in Iowa, so it was hard at first. Then I joined Monticello Women of Today, and the fun began. I have met so many great women of all ages and backgrounds. It has been a great learning experience for me. I treasure all my friendships I have made.

Thank you for having me represent you as president this year. My theme this year is **'UNTIE THE KNOTS' WE CAN WE WILL WE DID**. My banner is a quilt that has been tied. In the past we have heard ideas dismissed by saying "We cannot do that project. It will not work" My goal this year is to present a positive atmosphere. We will untie the "knots" and say how can we do that. No idea is wrong, we may just have to adjust it to fit our chapter.

We will be promoting projects that includes teamwork. We can accomplish so much more as a team, instead of one person trying to do a project by themselves. Teamwork helps build friendships. Teamwork brings out leadership skills. Teamwork teaches how to work with others. Teamwork gives us confidence. Teamwork brings in new ideas.

Another goal is having all members find their special place in this organization. Some of the members like to help with projects but do not like meetings. These people are so valuable to us as we need volunteers. We can keep them in the loop by email. If you are chairing a project, feel free to call people to help that do not come to meetings, this is their special gift to our organization. Some like the social. They want the friendships that develop by socializing. These people are fulfilling a need we all have. Be aware we are in the Women of Today for different reasons and that is good. Each one of us has something to contribute. No matter what your interest, we need you and value you. You let us know what we can do to better to help you.

Women of today means to me friendships, helping others, building confidence and developing new skills. I feel honored to have made friends with so many talented women who also want to help others and better themselves.

Respectfully you,

Barbara Boeck

Plant Your Spring Garden



Three rows of peas:

- Peace of mind
- Peace of heart
- Peace of soul

Three rows of squash:

- Squash indifference
- Squash hatred
- Squash bullying

Three rows of lettuce:

- Let us be kind
- Let us be compassionate
- Let us love one another

Water with Patience & cultivate with love.



Hello, Welcome to Flight #2022

We are prepared to take off into the New Year.

*Please make sure your **ATTITUDE** and **BLESSINGS** are secured and locked in an upright position.*

*All **SELF-DESTRUCTIVE** devices should be turned off at this time.*

*All **NEGATIVITY, HURT** and **DISCOURAGEMENT** should be put away.*

*Should we lose altitude under pressure during the flight reach up and pull down a **PRAYER**.*

*Prayers will automatically be activated by **FAITH**.*

*Once your **FAITH** is activated you can assist other passengers.*

*There will be **NO BAGGAGE** allowed on this flight.*

The Captain has cleared us for takeoff.

*Destination **GREATNESS** – In 2022-23, we **CAN**, we **WILL**, we **DID**!*

And always remember if God is your co-pilot – switch seats!



2022-23 Chapter Officers

PRESIDENT	Barb Boeck
<i>email: boeckjb@gmail.com • phone: 763.878.0016</i>	
PAST PRESIDENT/PARLIMENTARIAN	Connie Fink
<i>email: conniefink3@gmail.com • phone: 763.647.9916</i>	
STATE DELEGATE	Susan Miller
<i>email: susanlynn0813@gmail.com • phone: 612.413.0080</i>	
SECRETARY.....	Mary O'Brien
<i>email: mbighunter@tds.net • 651.283.3699</i>	
CO-TREASURER.....	Kathie Bushman
<i>email: kathiebushman@gmail.com • 612.802.2397</i>	
CO-TREASURER.....	Sharon Scholl
<i>email: schollmn@gmail.com • 320.761.1188</i>	
PROGRAMMING VP.....	Kolann Wilhelm
<i>email: kolannwilhelm@yahoo.com • 952.212.0717</i>	
MEMBERSHIP CO-VP	Mercedes Turner
<i>email: mnturners@hotmail.com • 763.496.9460</i>	
MEMBERSHIP CO-VP	Sarah Sundine
<i>email boerboonsb@hotmail.com • 763.443.8905</i>	

2022-23 Chapter Local Program Managers

Internal

Ways & Means.....	Lana Gilberts
Living & Learning	Michelle Kocak-Jones
Newsletter	Cat Shuman
Records Management	
Social Media	Sharon Scholl

External

Community Connections.....	Kay Schroden
Domestic Violence Awareness.....	Rhonda Eckhart
Women’s Wellness.....	Nancy Flesch
	Candy Holbrook
Youth of Today	Cindy Schmidt
Priority Area	Sara Rocksted

Monticello Women of Today Past Presidents & Themes

<i>Year</i>	<i>President</i>	<i>Theme</i>
2021-22	Connie Fink	Friendship Multiplied Through Fellowship
2020-21	Sharon Scholl	TEAMWORK - Inspire • Believe • Achieve
2019-2020	Rhonda Eckhart	A Bouquet of Service, Growth and Fellowship
2018-2019	Arlis Thielke	Be Brave Enough to Fly
2017-2018	Glorie Balfanz	Move It and Groove It
2016-2017	Cat Shuman	Cultivating Our Future
2015-2016	Dawn Hendricks	Where There's Smoke, There's Fire!
2014-2015	Illeana Miller	Live Laugh Bake
2013-2014	Pam Peterson	A Cup of Fellowship
2012-2013	Sarah Sundine	In a Garden of Friends...Happiness Grows
2011-2012	Annette Schaufler	Coasting Along to Success
2010-2011	Jennifer Lewis-Kannegieter	Songs About Me
2009-2010	Pam Broekemeier	Doing it Flapper Style
2008-2009	Laurel Ahnenmacher	Jungle Fever
2007-2008	Cathy McGowan	Heart to Heart
2006-2007	Michelle Kocak Jones	Shakin' Things Up
2005-2006	Beth Osiek	Sunflower Power
2004-2005	Arlis Thielke	Bear Necessities (Paving New Paths in Service, Growth & Fellowship)
2003-2004	Julie Kasa	If we BELieve, we can Achieve. Let's BELieve Together.
2002-2003	Pat Daniel	You are the Key to our Success
2001-2002	Kris Kleist/Lori Foecke	Friendship Love & Loyalty, Fills Our Pot O'Gold
2000-2001	Barb McNabb	Sharing the Fruits of our Labor
1999-2000	Barb Berndtson	Planting a Vision into the Millennium
1998-1999	Jennifer Block (Pam Peterson)	We fit Together Like Pieces of a Puzzle
1997-1998	Barb Berndtson (Pam Peterson)	Fishing for Fellowship
1996-1997	Susan Mentzel	Take Time
1995-1996	Lynne Tormoen	Patchwork of Friends
1994-1995	Cathy Shuman	Just Cattin' Around
1993-1994	LaRae Lymer	A Bounty of Friendship
1992-1993	LuAnn Pelletier	Offering Our Hearts & Hands to Others
1991-1992	Krista Zillmer	Together We Can Reach for the Stars
1990-1991	Rhonda Thielen	Bee Somebody
1989-1990	Cathy Cummings	Friendship Moo-ves the Heart
1987-1989	Bev Larson	Our Hands Extend to Circle Our Friendship

Future Glance for 2022-23

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2020-21 Chapter Growth Plan

I. Set your goals: How many members would you like your chapter to have at the end of the year?
Write that number here. 46 (This should match the third trimester goal)

II. Where are you starting from?

1. Write down your May Base. 45
2. Look at your district roster or Activation/Retention Checklist. Count up the number of members due each trimester and write those numbers below.

Due Tri 1 7 Due Tri 2 16 Due Tri 3 22

3. Now look at the names. Count up how many you know will renew.

Renew Tri 1 5 Renew Tri 2 14 Renew Tri 3 22

4. Total the Renew Trimester numbers. 41

III. Look at the impact of renewals on your goal.

1. Subtract the Renew Trimester Total from your Goal. 5
This is how many new members your district will need to meet your goal. You can lower this number if you renew (reactivate) more of your current members.
2. Estimate when you will get those new members. Spread them out over the 3 trimesters. (note: NMA = new member add)

NMA's Tri 1 1 NMA's Tri 2 2 NMA's Tri 3 2

IV. Set some trimester goals – check your progress every trimester!

First Trimester	
May Base	<u>46</u>
Minus Due Tri 1	<u>7</u>
Plus Renew Tri 1	<u>5</u>
Plus NMA's Tri 1	<u>1</u>

Equals Tri 1 Goal	<u>44</u>

Second Trimester	
Tri 1 Ending Base	<u>44</u>
Minus Due Tri 2	<u>16</u>
Plus Renew Tri 2	<u>14</u>
Plus NMA's Tri 2	<u>2</u>

Equals Tri 2 Goal	<u>44</u>

Third Trimester	
Tri 2 Ending Base	<u>44</u>
Minus Due Tri 3	<u>22</u>
Plus Renew Tri 3	<u>22</u>
Plus NMA's Tri 3	<u>2</u>

Equals Tri 3 Goal	<u>46</u>

2022-23 Budget

June 1-May 31

	Income	Expense
100	President/Admin	425.00
101	Plan of Action	75.00
102	Speaker Gifts	50.00
103	Pres/SD Retreat	30.00
105	President's Banner	40.00
106	Year End Banquet/awards	400.00
106A	Year End Banquet/food	500.00
106B	YE Banquet Reimb for Members	150.00
107	Chapter Supplies	125.00
110	Past President	40.00
120	Programming VP (local)	60.00
121	Funshine	75.00
124	Newsletter Committee	10.00
125	Local program Incentives (6X\$10)	60.00
126	Social Media/Marketing	100.00
127	Records Committee	35.00
128	Chapter Website	0.00
130	Programming VP (state)	60.00
132	Women's Wellness event	200.00
133	PEP Courses/Certifications (LL)	50.00
135	State program Incentives (5X\$10)	50.00
140	State Delegate	125.00
141	Member Convention Incentives	90.00
141A	Member Conv Credits (coupons)	200.00
142	1st Timer Convention Incentives	60.00
143	State Convention Registration	825.00
144	LOTS Registration	150.00
145	District Meeting Registration	60.00
145A	District Lucky Buck	60.00
146	Convention Rooms	1,000.00
147	USWT Convention Incentives	50.00
148	Regional Meeting Registration	20.00
150	Treasurer	150.00
151	District Dues	100.00
152	Liability Insurance	250.00
153	Sales Tax	0.00
155	Chapter Ways & Means	700.00
155	Chapter Ways & Means	120.00
160	Secretary	15.00
161	Chapter President Yr End Gift	50.00
170	Membership VPs	100.00
171	M-Events & Socials	0.00
172	Member Incentives	100.00
172A	New Member Incentives	100.00
173	Member Dues	2,205.00
173A	State Mbrshp Rebate	0.00
174	Nametags	100.00
175	Meeting Room Rent	100.00
176	Memshp Table Gift Basket (2X\$50)	100.00
	District/MNWT/USWT	
180	Entry Fees	75.00
181	State POA Donation	50.00
184	State President Gift	10.00
185	State Ways & Means Fundraiser	100.00
185A	State Ways & Means Donation	150.00
186	MNWT Foundation Donation	150.00

	Income	Expense
187	USWT Donation	50.00
188	US Founders Charities Donation	50.00
189	Exec Council Registrations	400.00
192	DD Christmas & Year End gifts	50.00
194	District Meeting Host	125.00
198	Helping Hands	100.00
199	Miscellaneous	80.00
	External	
205	MHS Scholarship	750.00
210	Family Bingo Concessions - YT/CC	700.00
215	Family Bingo - YT/CC	1,000.00
220	Walk and Roll - CC	100.00
225	Halloween Community Event - CC	150.00
230	Operation Valentine - CC	125.00
236	NH Christmas Tree - CC	0.00
239	Adopt a Highway - CC	30.00
240	Fall Craft Booths - CC	3,200.00
241	Fall Concessions - CC	50.00
242	Spring Craft Booths - CC	3,200.00
243	Spring Concessions - WM	600.00
244	USWT Buckets of Sunshine	50.00
245	Little Free Library (maint) - CC	50.00
248	Crescent Cove - Priority Area	100.00
250	Riverfest Duck Adoptions	500.00
251	Riverfest Float - PR	225.00
252	Riverfest Talent Show	0.00
253	Miss Congeniality - YT	0.00
256	USWT Domestic Violence Awareness	100.00
257	Winter State Honoree	150.00
258	Key Woman Honoree	250.00
	Internal	
300	Member/Partner Appreciation	150.00
301	Kids Week	50.00
302	Kids Party	50.00
303	WT Week	50.00
304	Founders Day	50.00
305	Family Day	125.00
306	Chapter Birthday Party	50.00
307	Chapter Christmas Party	50.00
308	Cookie Exchange	30.00
315	Convention Hosting	0.00
320	Convention Fundraisers	750.00
321	Coins For a Cause Sponsors	0.00
321A	Coins For a Cause Well	350.00
322	Riverfest Dance Concessions	800.00
350	Chapter Shed Maintenance	100.00
900	Miscellaneous Fundraisers/Donations	1,575.00
999	Change/Deposit Fund	190.00
	Total Profit or Loss	17,055.00
	Difference	0.00

Budget approved:

2022-23 CHAPTER MEETINGS

Chapter General Meetings:

- First Thursday of each Month
- Social Hour – 6:30 pm; General Meeting – 7 pm
- Location: Community United Methodist Church

Board Meetings:

- Fourth Thursday of each Month
- 6:30 pm
- Location: Meetings will be held at board member selected locations to be posted in monthly secretary reports.

2022-23 GOALS

PRESIDENT

Barb Boeck – *“Untie the ‘KNOTS’ – We Can, We Will, We DID”*

- Membership – Create a positive environment to foster retention. As members enter meetings, they are greeted by a sign *“You are entering a positive attitude zone. Leave all negativity at the door”*. Personalized positive notes of encouragement will be sent to each member. Goal is to end chapter year with 46 members.
- Programming –
 - Three major projects:
 - 1st Trimester – pop tabs for Ronald McDonald House
 - 2nd Trimester – Magic Closet
 - 3rd Trimester – Bundles of Love
 - Certifications completed by 100% of membership.
- Meetings – Increase attendance; minimize private side talking during meetings; distribute cards for members to write questions to be answered at end of meeting. Bring humor to the meetings.
- Improve project report system – create an online fillable form to be easily completed by project chairs.

STATE DELEGATE

Susan Miller – *“Say Something Positive and You Will See Something Positive”*

- Communicate information from the State, District and National level to all chapter members via email communication and reports at chapter monthly meetings.
- Complete one (1) chapter visit per trimester with a minimum of two (2) other Monticello chapter members in attendance.
- Attend all district meetings.
- Encourage members to attend state conventions ; coordinate attendees convention plans.

SECRETARY

Mary O’Brien – *“Aspire to Inspire”*

- Provide a concise, organized and unbiased recap of the general meetings and distribute within two (2) weeks of meeting date.
- Maintain an accurate record of attendance at all general meetings.

TREASURER

Kathie Bushman – “*Knot’ Free Finances*”

- Provide finance reports for the chapter’s checking and savings accounts prior to the monthly meetings.
- Provide budget information to the chapter members on a monthly basis and ensure that expenses do not exceed budgeted amounts.
- Train members on utilizing expense vouchers and deposit forms.
- Encourage members to participate in chapter, district and state fundraisers to benefit ways and means

PROGRAMMING

Kolann Wilhelm – “*Uncover New Talents Inside You Everyday*”

- Attend 10 out of 12 board & chapter meetings.
- Submit all three trimester reports by due date
- Encourage the LPMs to review the CIPs each trimester.

MEMBERSHIP

Sarah Sundine/Mercedes Turner – “*Together We Can DO It*”

- Maintain retention with growth of 1+ in 2022-23.
- Maintain a prospective member list and send invitations to upcoming events.
- Host a chapter social and M-Event in each trimester.



Minnesota Women of Today District 5

*Hutchinson Area, Monticello, Rice,
Rogers-Otsego-Dayton, Sauk Rapids,
St. Cloud & St. Joseph*

*Deb Froemming
District Director 2022/23*

Mission Statement of the Minnesota Women of Today

The mission of the Minnesota Women of Today is to help women improve their own lives and the lives of the people in the communities around them. The organization shall be a place in which young women are actively encouraged to become involved and hold positions of leadership.

The organization shall provide opportunities for members to contribute to their communities by raising funds for worthy causes and by providing services or education to benefit community members.

To develop and foster skills and talents related to becoming successful individuals. Interacting well with other people and becoming capable leaders.

To develop friendships.

Minnesota Women of Today Creed

We, the Women of Today, are service growth and fellowship. We believe that through us great lessons can be learned, worthy deeds performed and a hand of fellowship extended to millions of women everywhere. May we leave the world a better place because we lived and served within it.

United States Women of Today Creed

We, the United States Women of Today, are dedicated to serving our community and nation, are committed to strengthening our individual talents and stand united by friendships and belief in the future.

District 5 Women of Today:

My name is Deb Froemming and I'm excited to represent District 5 as your Director for 2022/23!

I am a charter member of the Hutchinson Area chapter and have been a member since 2016. I joined to make friends and make a difference in our community. Taking on the position of District Director is outside of my comfort zone so I believe this will be a year of personal growth. I've held the position of chapter President, State Delegate, Membership VP and as Membership VP and Secretary on the District 5 board.

A little bit about me: I'm married to Dean and we have been married 38 years. We have 2 children, Dan and Jenny and both are happily married. We have 2 grandchildren, Valentine and Wesley. We live in a farmhouse north of Hutch and I work at a local bank as a Personal Banking lender & officer.

Enough about me, what about you?? I am excited to meet you and visit your chapter meetings and events this year. Please reach out to me and let me know what you need help with, share your events and anything else you wish. If I don't have an answer I will find it.

My theme is "On the Road Again". I am encouraging each of you to visit another District 5 chapter's meeting or event this year. Make some friends outside of your chapter. We learn from each other and can support each other.

Each one of you are amazing and wouldn't it be great to make some new friends from around the state?

I'd like you to take selfies when you visit other chapters and WT events (outside of your chapter) and tag me in your Facebook posts. #ontheroadagain #D5

I don't think tagging District 5 will work, so please add me as a friend on FB if you haven't already. If you don't have Facebook but would like to share your photos please email them to me @ DD05@mnwt.org

I'd like to share the photos that you post or send onto our district FB page if you're comfortable with that. Each time you share a photo by email or tagging me you will be entered into an incentive drawing to take place at Trimester 2 & 3 meetings.

Let's have a great year and safe travels "On The Road Again"!

In Friendship,

Debbie Froemming
District 5 Director 2022/2023

2022/2023 District 5 Board "On The Road Again!"

Deb Froemming, District Director
Hutchinson Area Women of Today

Glori Balfanz, COB/Parliamentarian
Monticello Women of Today

Danna Bromaghin, Secretary
St. Cloud Women of Today

Sharon Scholl, Treasurer
Monticello Women of Today

Sandy Trossen, Programming VP
Sauk Rapids Women of Today

Shirley Viesselman, LL DPM
Hutchinson Area Women of Today

Cat Shuman, Priority Area DPM
Monticello Women of Today

Marsha Ziebarth, WW DPM & Newsletter
Sauk Rapids Women of Today

Sandra Andreasen, Youth of Today DPM
St. Joseph Women of Today

Hutchinson Area Women of Today
(hutchinsonareawt@mnwt.org)
PO Box 43 Hutchinson MN 55350
Meet: 2nd Thursday at 6:30pm
Location: New Discoveries Montessori Academy

<i>Susan Noyes, President</i>	<i>Pam Olson, State Delegate</i>
<i>Sandy Hruby, Secretary</i>	<i>Danielle Uecker, Treasurer</i>
<i>Deb Froemming, Past President/Parliamentarian</i>	

Monticello Women of Today
(monticellowt@mnwt.org)
PO Box 1202 Monticello MN 55362
Meet: 1st Thursday at 7:00pm
Location: Community United Methodist Church

<i>Barb Boeck, President</i>	<i>Susan Miller, State Delegate</i>
<i>Mary O'Brien, Secretary</i>	<i>Kathie Bushman, Treasurer</i>
<i>Mercedes Turner, Membership VP</i>	<i>Kolann Wilhelm, Programming VP</i>
<i>Connie Fink, Past President/Parliamentarian</i>	

Rice Women of Today

(ricewt@mnwt.org)

PO Box 201

Meet: 2nd Thursday at 7:00pm

Location: Rice Lions Building

Sarah Midas, President

Rogers-Otsego-Dayton Women of Today

(rogersotsegodaytonwt@mnwt.org)

PO Box 24 Dayton MN 55327

Meet: 3rd Tuesday at 7:00pm

Location: Otsego Prairie Center

Holly Delgado, Co-President

Deb Wieland, Co-President

, State Delegate

, Secretary

, Treasurer

, Membership VP

, Programming VP

Tracy Salwei, Past President/Parliamentarian

Sauk Rapids Women of Today
(saukrapidswt@mnwt.org)
PO Box 123 Sauk Rapids MN 56379
Meet: 2nd Tuesday at 7:00pm
Location: Sauk Rapids V.F.W.

<i>Fawn Widman, President</i>	<i>Sandy Trossen, State Delegate</i>
<i>Judy Moldenhauer, Secretary</i>	<i>Marsha Ziebarth, Treasurer</i>
<i>Judy Weyer & Rochelle Platz, Co-Membership VP's</i>	
<i>Bernie Garding, Programming VP</i>	
<i>Judy Moldenhauer, Past President/Parliamentarian</i>	

St. Cloud Women of Today
(stcloudwt@mnwt.org)
PO Box 7836 St Cloud MN 56301
Meet: 3rd Tuesday at 7:00pm
Location: Eastside VFW, Highway 10

<i>Jane Holmberg, President</i>	<i>Janel Bitzan, State Delegate</i>
<i>open, Secretary</i>	<i>Mary Hansen, Treasurer</i>
<i>Sheila Butler, Membership VP</i>	<i>Karen Cogger, Programming VP</i>
<i>Danna Bromaghin, Past President/Parliamentarian</i>	

St Joseph Women of Today
(stjosephwt@mnwt.org)
PO Box 516 St Joseph MN 56374
Meet: 2nd Monday at 6:30pm
Location: St Joseph Fire Hall

Frances Nelson, President

Verdell Rudolph, State Delegate

Linda Ritzenthaler, Secretary

Kristina Schmitz, Treasurer

Joye Weaver, Membership VP

Anita Smoley, Programming VP

Anita Smoley, Past President/Parliamentarian

District 5
2022/2023 Dates
"On The Road Again"

Trimester One

District Board Meeting	June 13, 2022 6:30pm
District 5 Meeting Rice Chapter	July 23, 2022 7:00pm
District By-Law Review	late August or early September
Newsletter	summer
President/State Delegate Retreat	July 23, 2022

Trimester Two

MNWT Fall State Convention	September 23-25, 2022
District Board Meeting	October 17, 2022
District 5 Meeting Sauk Rapids Chapter	October 27, 2022
Newsletter	December

Trimester Three

MNWT Winter State	January 27-29, 2023
District Board Meeting	March 20, 2023
District 5 Meeting HAWT Chapter	March 30, 2023
Newsletter	March

Trimester One 2023/2024

MNWT Annual Convention	May 19-21, 2023
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Minnesota Women of Today Past District Directors

2021-2022	Glorie Balfanz	Monticello	Girls Just Want to Have Fun!
2020-2021	Shirley Viesselman	Hutchinson	Going Above and Beyond in District 5
2019-2020	Mary Hansen	St. Cloud	Going Wild in District 5
2018-2019	Michelle Kocak Jones	Monticello	We're OWL in This Together
2017-2018	Sarah Sundine	Monticello	Love The Journey
2016-2017	Barb Zeroth	Rice	Just Keep Swimming in District 5
2015-2016	Illeana Miller	Monticello	Bringing the Music Alive in District 5
2014-2015	Julie Marchand	St. Cloud	Happy Campers
2013-2014	Shelli Struzyk	Rice	We're All In
2012-2013	Jean Skroch	Rice	G.L.A.M. Squad (Great Ladies Amazingly Motivated)
2011-2012	Lisa Hahn	Sauk Rapids	Home Sweet Home in District 7
2010-2011	Ginny Winkelman	St. Cloud	Bringing Sweet Treats to District 7
2009-2010	Judy Weyer	Sauk Rapids	Wii Fit Together in District 7
2008-2009	Janel Bitzen	St. Cloud	Once Upon a Time in District 7
2007-2008	Arlis Thielke	Monticello	Rockin' 'n' Rollin in District 7
2006-2007	Nancy Cichy	Becker	Racing with Excitement in District 7
2005-2006	Barb McNabb	Monticello	Feeling Groovy in District 7
2004-2005	Jane Holmberg	St. Cloud	Yabba Dabba Doin' it in District 7
	Barb Berndtson	Monticello	Birds of a Feather...District 12
2003-2004	Melissa Kloss-Lezer	Foley	Puttin' on the Ritz in District 7
2002-2003	Bonnie Olmanson	St. Cloud	Take Flight the Sky's the Limit in District 5
2001-2002	Cindy Umland	St. Cloud	Giving it our Best Shot in District 7
2000-2001	Jeannie Fleck	Foley	Taking Care of Business in District 7
1999-2000	Cathy Stegura	St. Joseph	Looney Heaven in District 7
1998-1999	Cindy Houck	Sauk Rapids	There are Angels in District 7
	Tonya Enneking	Rice	District 6
1997-1998	Nancy Lehnen	Sauk Rapids	An Apple a Day in District 7

1996-1997	Barb Polzin	Sauk Rapids	The Beat Goes On in District 7
	Cathy Shuman	Monticello	Miles of Smiles Across District 12
	Lyn Mohs	Rice	Come Ride the Carousel of Dreams District 6
DISTRICT 11, 12 & 13			
1995-1996	Janet Boelz	Sauk Rapids	Cook'in Up Excitement in Dist. 11
1994-1995	Janet Studer	Holdingford	A Touch of Heaven in District 11
	LuAnn Pelletier	Monticello	The Power of Love in District 12
1993-1994	Karen Schuerman	Sauk Rapids	Friends Treasure, District 11
	Barb McNabb	Monticello	District 13
1992-1993	Cindy Zintek	Sauk Rapids	Clowning Around in District 11
1991-1992	Joan Pilarski	Holdingford	Hog Heaven in District 11
	Chris Pouliot	St. Michael	District 13
1990-1991	Julie Forsberg	Sartell	You're Some Bunny Special in Dist. 11
	Joanne Westphall	Albertville	District 13
DISTRICT 14, 15 & 17			
1989-1990	Becky Thomas	St. Joseph	Storybook Dreams in District 15
	Joanne Burant	Monticello	2 nd and 3 rd Quarter District 17
	Lisa Elfman	Annandale	4 th Quarter District 17
	Karen Schuerman	Sauk Rapids	
1988-1989	Kay Schrodin	Big Lake	District 17
1987-1988	Paulette Levasseur	Sartell	The Rainbow Connection in Dist. 15
	Luann Pederson	St. Michael	District 17
1986-1987	Barb Polzin	Sauk Rapids	Let Yourself Shine in District 15
	Marilyn Miller	Buffalo	District 17
1985-1986	Barb Glader	Sauk Rapids	The Dawn of a New Day in Dist. 15
	Cindy Mueller	Delano	District 17
1984-1985	Arlene Strickler	St. Joseph	Happy Trails to Success in Dist. 15
	Glenna Kirscht	Buffalo	District 14 (moved to Florida)

	Julie Seceguera	Holdingford	District 15
1983-1984			
	Laura Erickson	Avon	
	Myrna Strenge	Buffalo	District 14
1982-1983	Paulette Levasseur	Sartell	Friendship in Our Umbrella Dist. 15
	Ronita Walburn	Annandale	
1981-1982	Kathy Coborn	Sauk Rapids	
	Jenny Vergin	Buffalo	
1980-1981	Jenny Frieler	St. Joseph	District 15
	Mary Lou McCoy		District 14

Past State Vice Presidents for District 10 & 14

1979-1980	Barb Neier	Sartell	District 10
	Pat Shaw	Elk River	District 14
1978-1979	Smitty Luschen	Little Falls	District 10
	Jeanne Dykhuizen	Monticello	District 14
1977-1978	Vicki Weber		District 10
	Marlen Dingman	Annandale	District 14 (Foxy 14)

Somewhere around this time we had been District 7. The dates and exact order of succession is unclear. If anyone has any information, please let the District Director know so that we can get an accurate record and history of our District.

Sandi Weber	St. Cloud	Zena Osberg	Little Falls
Arlis Becker	St. Cloud	Barb Surman	Foley
Jo Schwichtenberg	St. Cloud		

District 5 "On The Road Again"

Goals and Implementation

Goals

- 1) **Membership:** My district membership goal is to achieve 85% membership retention and add 21 new members during this MNWT year.
- 2) **Communication:** I will communicate monthly with chapters, district board, and executive council monthly by email, phone or in person.
- 3) **District Attendance:** I would like a minimum of 5 out of 7 chapters attend the district trimester meeting, and to have district members visit other chapters in the district at their meetings and events to support each other.

Implementation

- 1) **Membership**
 - a. Provide chapters with the resources and ideas on retention, recruitment, activation and orientation that they can bring back to their chapters.
 - b. Share membership retention ideas in the District newsletter.
 - c. Post chapter events & chapter meetings to the district Facebook page.
 - d. Provide district POA & a list of district contact information to each chapter by email or paper copy so that members can contact each other directly.
- 2) **Communication**
 - a. Visit district 5 chapters 2 or more times during the MNWT year.
 - b. Deliver state CIP's to chapters within 2 weeks of receiving them.
 - c. Promote chapter, district and state events by email, Facebook and District newsletter.
 - d. Help the editor of the District newsletter prepare a newsletter once each trimester.
 - e. Communicate directly with each chapter president once or more times each trimester.
 - f. Complete district director visitation & event forms and district director monthly reports.
- 3) **District Attendance**
 - a. Remind chapters of upcoming events and meetings via Facebook page and chapter email.
 - b. Have a board meeting and put out a newsletter each trimester.
 - c. Incentive trimester drawings of member names who have submitted photos taken as members are traveling to or attending an event outside of their own chapter, "On The Road Again" via email or Facebook posts. Members encouraged to use the hashtags #ontheroadagain #mnwt #D5



Giving a Piece of Your Heart



MINNESOTA WOMEN OF TODAY

2022-23

State President Welcome Letter



Giving a Piece of Your Heart

I am honored to have been elected as your 2022-2023 State President. I am looking forward to working with all of you and seeing what a difference each one of you will make “Giving a Piece of Your Heart.”

My goal for all chapters is to have its members know what tools they have access to in order to find new members, to maintain healthy chapters, to retain and keep active their current members.

I am looking forward to seeing many of you this year at district and state meetings to share my goals for helping our membership continue being strong. I know that, together, we can find what piece we give to MNWT and how to best use that. I believe that you are all valuable pieces in our chapters and communities and a vital part of our organization.

Don't forget to let your members know how much you value their presence at your events and meetings and their contributions to your chapter projects. Acknowledge those that are going above & beyond by nominating them for a Presidential pin or medallion. And, if you know someone in your community that is sharing their heart with others, nominate them for a H.E.A.R.T. award by emailing president@mnwt.org with your chapter name, person being nominated and what they have done to make a difference.

I am looking forward to visiting with as many as you as possible this year. Please reach out with any questions or concerns.

JENISE TESKE

MNWT President

2022-23 State Staff

Name	Position	Email	Phone	Theme
Jenise Teske	President	president@mnwt.org	612-735-0053	Giving a Piece of Your Heart
Michelle McGowan	AVP	avp@mnwt.org	507-273-3066	Making the Pieces Fit
Shellie Matthes	MVP	mvp@mnwt.org	612-749-9538	Membership starts with ME
Linda Nindorf	CMVP	cmvp@mnwt.org	715-919-2334	Strengthening Our Chapters
Glorie Balfanz	Extensions Director	extensions@mnwt.org	763-218-2152	Wherever you go, Go with all your Heart
Shirley Viesselman	PVP	pvp@mnwt.org	320-298-5162	Putting the Pieces Together
Cindy Golbuff	FVP	fvp@mnwt.org	970-223-2759	Be Vested in MNWT
Jennifer Auger	MKVP	mkvp@mnwt.org	651-336-2204	Marketing Our Mark
JoJo Larson	Parli	parli@mnwt.org	612-709-2717	Checking in With B.O.B.
Joann Miller	Secretary	secretary@mnwt.org	507-251-2265	Making your Time Count
Lisa Hahn	PA	pa@mnwt.org	320-293-2186	Together, We Can Accomplish Anything
Anna Nichols	COB	cob@mnwt.org	763-300-2053	Simple Smiles
Sue Lemke	YT SPM	yt@mnwt.org	320-248-1701	Let Them Bloom
Maggie Holmberg	WW SPM	ww@mnwt.org	320-291-3735	All Bodies are Good Bodies
Marie Pedigo	LL SPM	ll@mnwt.org	503-661-6141	Slow and Steady Wins the Race
Connie Fink	P-A SPM	priority-area@mnwt.org	763-647-9916	Shining Stars
Rachal Mueller	CC SPM	cc@mnwt.org	763-438-7168	Making A Connection
Liz Wiegel	D02	dd02@mnwt.org	815-276-6145	
Sharon Bergquist	DD03	dd03@mnwt.org	218-390-4720	Helping Hands
Pat Undersander	DD04	dd04@mnwt.org	320-293-1744	Bee-Comb Your Best Self
Deb Froemming	DD05	dd05@mnwt.org	320-583-4876	On The Road Again
Melanie Chenoweth	D06	dd06@mnwt.org	763-248-6678	
Carla Hanson	DD07	dd07@mnwt.org	763-486-7434	Unleash Your Inner Sparkle
Robyn Farm	DD08	dd08@mnwt.org	612-860-9305	Braver Stronger Smarter
Allie Staley	DD10	dd10@mnwt.org	507-430-9379	Making Ducklings in District 10

Minnesota Women of Today Statewide Calendar 2022 – 2023

June 2022	Emphasis: Chapter Management (MN); Wellness & Personal Development (US)
3-5	MNJOTS—Arrowwood Baxter
10-11	USWT National Convention—Duluth
19-25	MNWT Membership Week 1 st Trimester
22	MNWT 1 st Trimester Webinar Night
30	Chapter President reports due to DD
30	NMAs due IN HAND to Chapter Service Center
July 2022	Emphasis: Community Connections-True Friends (MN); Public Relations (MN); Extensions (US); Membership (US)
1	USWT Founder's Day
9	MNWT Finance Committee meeting
15	Early Bird Renewals due POSTMARKED to Chapter Service Center
15	District Director Fast Start due to AVP
15	Chapter President Fast Start due to DD
15	Secretary Fast Start due to State Secretary
15	Treasurer Fast Start due to Financial Vice President
15	Membership VP Fast Start due to MVP
15	SPM Fast Start due to PVP
15	LPM Fast Starts due to SPM and DD
15	Programming VP Fast Start due to PVP
15	State Delegate Fast Start due to AVP
16	State Committee Meetings -10:00 MMC; 11am Marketing; 1:00pm Future Directions, New Ulm
23	President/State Delegate Retreat
31	Chapter President reports due to DD
31	NMAs due IN HAND to Chapter Service Center
31	Key Woman nominations for Fall State due to Key Woman President
August 2022	Emphasis: Youth of Today (MN); Domestic Violence Awareness (US)
1	Cheryl L. Anderson scholarship applications due to MNWT Foundation
2	National Night Out
6-13	Extensions Week 1 st Trimester
6	MNWT Foundation meeting
7	USWT Friendship Day
15	All Renewals due POSTMARKED to Chapter Service Center
21-27	Kids' Week
27	Day at the Diamond
30	1 st Trimester MVP Challenge Due
30	1 st Trimester Close Out
31	Chapter President monthly reports due to DD
31	State Delegate Reports due to AVP
31	NMAs due IN HAND to Chapter Service Center
31	Founder's Day Participation Forms due to PR Coordinator
31	All Certifications due to Living & Learning SPM
31	End 1 st Trimester

September 2022	Emphasis: Community Connections (MN) Public Relations (MN & US), Women of Today Week (MN); Membership (MN); USWT Founder's Club (US); Wellness & Personal Development (US)
1	State of MN Annual Registration due to Sec. of State's Office
1	990N filing due to IRS (first deadline, \$10 late fee assessed)
2	Project of the Trimester due to SPMs
2	Outstanding Program Manager nominations due to SPMs
2	1 st Trimester Programming Reports due to PVP
2	Presidential Pin and Medallion Nominations due to State President
2	1 st Trimester Success due EMAILED to Success Coordinator
2	NEWSLET articles for Post Fall State Issue due to Newsletter Editor
18-24	Women of Today Week
23-25	Fall State Convention, Arrowwood, Baxter
30	Chapter President monthly reports due to DD
30	NMAs due IN HAND to Chapter Service Center
October 2022	Emphasis: Buckets of Sunshine (US); Extensions (US); Domestic Violence Awareness (US)
1	990N filing due to IRS (\$40 late fee assessed)
7-8	USWT National Mid-Year Convention--Missouri
9-15	Membership Week 2 nd Trimester
15	State Policy and Bylaw Review 4PM, Aitkin
22	Make a Difference Day
26	MNWT 2 nd Trimester Webinar
31	Chapter President monthly reports due to DD
31	NMAs due IN HAND to Chapter Service Center
November 2022	Emphasis: Women's Wellness (MN); Parliamentarian (US)
1	Women Who Impact, Outstanding Young Adult and Person with Determination nominations due EMAILED to Awards Committee Chair
4	MNWT Foundation meeting
5-12	Extensions Week 2 nd Trimester
12	Mid-Year Exec -- Arrowwood Lodge- Baxter
15	Early Bird Renewals due POSTMARKED to Chapter Service Center
19	MNWT State Committee Meetings – 10AM, MMC, 11AM Marketing, 1:00PM Future Directions
30	Chapter President monthly reports due to DD
30	NMAs due IN HAND to Chapter Service Center
December 2022	Emphasis: Membership (US)
1	Chapter Grant applications due to MNWT Foundation Chair
1	Key Woman nominations for Winter State due to Key Woman President
15	All Renewals due POSTMARKED to Chapter Service Center
30	State Delegate Reports due to AVP
30	Chapter President monthly reports due to DD
30	2 nd Trimester Closeout
30	MVP 2 nd Trimester Challenge Due
30	All Certifications due to Living & Learning SPM
31	NMAs due IN HAND to CSC
31	End 2 nd Trimester

January 2023	Emphasis: Living and Learning (MN); Wellness & Personal Development (US)
2	Outstanding Program Manager nominations for Trimester II due to PVP
2	Project of the Trimester nominations due to SPM
2	2 nd Trimester Programming Reports due to PVP
2	Presidential Pin and Medallion Nominations due to State President
2	Bidding SPM Plan of Action due to PVP
2	SUCCESS 2 nd Trimester due EMAILED to Success Coordinator
2	NEWSLET articles due for Post Winter State Issue to Editor
6	Mid-Year Budget Review
7	Finance Committee Meeting – 9AM
14	MNWT Foundation meeting
27-29	Winter State Convention – Crowne Plaza Plymouth
28	Cheryl L. Anderson Art Auction
31	Chapter President monthly reports due to DD
31	NMAs due IN HAND to Chapter Service Center
February 2023	Emphasis: NEWSLET (MN), Extensions (MN/US); Domestic Violence Awareness (US)
5	MN State Sales Tax due to MN Dept of Revenue
14-20	Random Acts of Kindness Week
15	March Planning recommendations due to COB
18-25	Extensions Week 3 rd Trimester
22	3 rd Trimester MNWT Webinar
28	Chapter President monthly reports due to DD
28	NMAs due IN HAND to Chapter Service Center
March 2023	Emphasis: STEP (MN); Membership (MN & US); USWT Founders Club (US)
2	Presidential Pin and Medallion Nominations for Regional Meetings due to State President
4	MNWT Finance Committee meeting—9AM
5	NEWSLET articles/personals due Editor for Elections issue
5-11	MNWT Membership Week 3 rd Trimester
11	March planning
12	MNWT State Committee Meetings – 10am MMC, 11AM Marketing, 1:00pm Future Directions
15	Early Bird Renewals due POSTMARKED to Chapter Service Center
25	Regional I Meeting (Areas 1 and 2)
31	Chapter President monthly reports due to DD
31	NMAs due IN HAND to Chapter Service Center
April 2023	Emphasis: Public Relations (US); Outstanding Achievement in Programming (US)
1	Regional II Meeting (Areas 3 and 4)
1	Key Woman nominations for Annual due to Key Woman President
1	President Year End Gift Chapter/District donations due to PA
1	Chapter, District, SPM, and Staff Scrapbook pages due to PA
15	All Renewals due POSTMARKED to Chapter Service Center
15	Community Connections Award Nominations due to Community Connections SPM
15	MNWT Foundation meeting
15-21	National Volunteer Week
29	3 rd Trimester & Year-End Closeout
30	MVP 3 rd Trimester Challenge due
30	All Certifications due to Living & Learning SPM

30	Chapter President monthly reports due to DD
30	NMAs due IN HAND to Chapter Service Center
30	End of 3 rd Trimester

May 2023	Emphasis: Web Development (US); Parliamentarian (US);Community Connections (US)
1	Outstanding Achievement in Programming due to USWT Programming VP
2	President Pin and Medallion Nominations due to State President
2	3 rd Trimester Programming Report due to PVP
2	Project of the Trimester nominations due to SPM
2	Outstanding Program Manager nominations due to SPM
2	SUCCESS 3 rd Trimester due to Success Coordinator
5	NEWSLET Articles for Post Annual Convention Issue due to Editor
6	LOTS
19	MNWT Foundation meeting
19 - 21	Annual Convention -- Arrowwood Resort, Alexandria
22	NEWSLET Personals due to Editor for Post Annual Issue
23	Budget Review --Tentative
24	MNWT Finance Committee meeting—Tentative
26	Exec Director Vacation day
27	22-23 Staff Retreat —Tentative
31	NMAs due IN HAND to Chapter Service Center
June 2023	Emphasis: Chapter Management (MN); Wellness & Personal Development (US)
2 – 4	MNJOTS —Tentative
TBD	USWT National Year End Convention –
28	MNWT 1 st Trimester Webinar

MNWT STATE CONTACT LIST

To ensure you are using the correct email address, clear your cache to remove the autofill. For instructions on how to clear your cache, click here: <https://kb.iu.edu/data/ahic.html>.

Staff

- **President:** president@mnwt.org
- **Administrative Vice President:** avp@mnwt.org
- **Membership Vice President:** mvp@mnwt.org
- **Chapter Management Vice President:** cmvp@mnwt.org
- **Programming Vice President:** pvp@mnwt.org
- **Extensions Director:** extensions@mnwt.org
- **Secretary:** secretary@mnwt.org
- **Financial Vice President:** fvp@mnwt.org
- **Parliamentarian:** parli@mnwt.org
- **Chairman of the Board:** cob@mnwt.org
- **Executive Director:** csc@mnwt.org
- **Presidential Assistant:** pa@mnwt.org

State Program Managers

- **Living & Learning:** ll@mnwt.org
- **Community Connections:** cc@mnwt.org
- **Priority Area:** priority-area@mnwt.org
- **Women's Wellness:** ww@mnwt.org
- **Youth of Today:** yt@mnwt.org

District Directors

Use zero instead of letter "O" in the following email addresses.

- **District 1 Director:** dd01@mnwt.org
- **District 2 Director:** dd02@mnwt.org
- **District 3 Director:** dd03@mnwt.org
- **District 4 Director:** dd04@mnwt.org
- **District 5 Director:** dd05@mnwt.org
- **District 6 Director:** dd06@mnwt.org
- **District 7 Director:** dd07@mnwt.org
- **District 8 Director:** dd08@mnwt.org
- **District 9 Director:** dd09@mnwt.org

- District 10 Director: dd10@mnwt.org
- District 11 Director: dd11@mnwt.org

MNWT Foundation

- MNWT Foundation Chair: foundation@mnwt.org
 - MNWT Foundation Past Chair: foundation-pastchair@mnwt.org
 - MNWT Vice Chair: foundation-vicechair@mnwt.org
 - Planned Giving Subcommittee Chair: foundation-plannedgiving@mnwt.org
 - Endowment Fund Subcommittee Chair: foundation-endowment@mnwt.org
 - Corporate/Presentations Subcommittee Chair: foundation-corporategrants@mnwt.org
 - Chapter Grants Program Subcommittee Chair: foundation-chaptergrants@mnwt.org
 - Scholarships Subcommittee Chair: foundation-scholarships@mnwt.org
 - MNWT Foundation Secretary: foundation-secretary@mnwt.org
 - MNWT Foundation Treasurer: foundation-treasurer@mnwt.org
- Facebook Page: <https://www.facebook.com/pages/MNWT-Foundation/375839789184704>
- Webpage: http://mnwt.org/about/execcouncil_results.php?execcoun=FOUND

Statewide Committees

Future Directions

- Future Directions Chair: fdc@mnwt.org
 - Future Directions Past Chair: fdc-pastchair@mnwt.org
 - Awards Subcommittee Chair: fdc-awards@mnwt.org
 - Chapter Structure Subcommittee Chair: fdc-chapterstructure@mnwt.org
 - Convention Review: fdc-coventionreview@mnwt.org
 - Go Green Subcommittee Chair: fdc-gogreen@mnwt.org
 - Manual Review Subcommittee Chair: fdc-manualreview@mnwt.org
 - Online Subcommittee Chair: fdc-online@mnwt.org
 - Restructuring Subcommittee Chair: fdc-restructuring@mnwt.org
 - Strategic Plan Subcommittee Chair: fdc-strategicplan@mnwt.org
- Facebook: <https://www.facebook.com/mnwt.committees/>
- Webpage: http://mnwt.org/about/execcouncil_results.php?execcoun=FDC#gsc.tab=0

Marketing Committee

- Marketing Chair: marketing@mnwt.org
- Marketing Past Chair: mktg-pastchair@mnwt.org
- Promoting MNWT Subcommittee Chair: mktg-promotions@mnwt.org
 - Expos Team Lead: mktg-expo@mnwt.org
- Statewide Projects Subcommittee Chair: mktg-statewideproject@mnwt.org
- Web Development Subcommittee Chair: webmaster@mnwt.org
 - Social Media Team: mktg-socialmedia@mnwt.org
 - Web Team: webteam@mnwt.org
- Facebook: <https://www.facebook.com/mnwt.committees/>
- Webpage: http://mnwt.org/about/execcouncil_results.php?execcoun=MKTG

Membership Management Committee

- MMC Chair: mmc@mnwt.org
 - Past MMC Chair: mmc-pastchair@mnwt.org
 - Leadership Subcommittee Chair: mmc-leadership@mnwt.org
- Facebook: <https://www.facebook.com/mnwt.committees/>
- Webpage: http://mnwt.org/about/execcouncil_results.php?execcoun=MMC

Key Women

- Key Women Chair: keywomen@mnwt.org
- Facebook: <https://www.facebook.com/pages/MNWT-Keywomen/127934287416919>
- Webpage: http://mnwt.org/about/execcouncil_results.php?execcoun=KEY

Bylaw Review Committee

- Bylaw Review Committee Chair: parli@mnwt.org
- Webpage: http://mnwt.org/about/execcouncil_results.php?execcoun=PARLI

Finance Committee

- Finance Committee Chair: fvp@mnwt.org
 - Accountant: accountant@mnwt.org
 - State Store: statestore@mnwt.org

Webpage: http://mnwt.org/about/execcouncil_results.php?execcoun=FVP

IMPORTANT LINKS & INFORMATION

Chapter Forms & Information

All Monticello Chapter Forms can be found at **Monticellowomenoftoday.org** under **Member Resources/Forms** <http://www.monticellowomenoftoday.org/member-information/>

Expense Voucher Form

Project Sign-up

Receipt Memo

Project Report

Motion Slip

LPM Trimester Report

2022-23 Shed List

Certification Forms

MNWT Living & Learning - <https://www.emailmeform.com/builder/form/SW7bdp4cA7uw2BkZ7biJ>

Wellness & Personal Development-

https://drive.google.com/file/d/0B7YhEH8ChX5gbkVOU2F2Y1l1Mlk/view?resourcekey=0-G_7acdol2WennB4ka-fG-A

Outstanding Achievement in Programming - <https://drive.google.com/file/d/1urq9xHfDCeJ-4zEofzhZMlkdf5LQTgAK/view>

STEP I <https://www.emailmeform.com/builder/form/42e4n20e0c1q2rv>

STEP II <https://www.emailmeform.com/builder/form/yg0Axe5XOzUw9kfji9b8>

STEP III <https://www.emailmeform.com/builder/form/8cGed8Jcap24o4BF0Vy>

STEP IV <https://www.emailmeform.com/builder/form/f97i5W20Ph6cM58nfTLNu3As8>